

**THE NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION
STANDARDIZED FIELD SOBRIETY
TESTING PROCEDURES**

HORIZONTAL GAZE NYSTAGMUS INSTRUCTIONS

1. Please remove your glasses (if worn).
 2. Put your feet together, hands at your side. Keep your head still and look at and follow this stimulus with your eyes only.
 3. Keep looking at the stimulus until told the test is over.
 4. Do not move your head.
 5. Do you understand the directions?
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WALK AND TURN INSTRUCTIONS

1. Put your left foot on the line, then place your right foot on the line ahead of your left, with the heel of your right foot against the toe of your left foot.
 2. Do not start until I tell you to do so.
 3. Do you understand? (must receive affirmative response)
 4. When I tell you to begin, take 9 heel-to-toe steps on the line (demonstrate) and take 9 heel-to-toe steps back down the line.
 5. When you turn on the ninth step, keep your front foot on the line and turn taking several small steps with the other foot (demonstrate) and take 9 heel-to-toe steps back down the line.
 6. Ensure you look at your feet, count each step out loud, keep your arms at your side, ensure you touch heel-to-toe and do not stop until you have completed the test.
 7. Do you understand the instructions?
 8. You may begin.
 9. If the suspect does not understand some part of the instructions, only the part in which the suspect does not understand should be repeated.
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ONE-LEG-STAND INSTRUCTIONS

1. Stand with your feet together and your arms at your side (demonstrate)
2. Maintain position until told otherwise.
3. When I tell you to, I want you to raise one leg, either one, approximately 6 inches off the ground, foot pointed out, both legs straight and look at the elevated foot. Count out loud in the following manner: 1001, 1002, 1003, 1004 and so on until told to stop
4. Do you understand the instructions?
5. You may begin the test.

SUBJECT NAME _____

INCIDENT # _____

HORIZONTAL GAZE NYSTAGMUS TEST

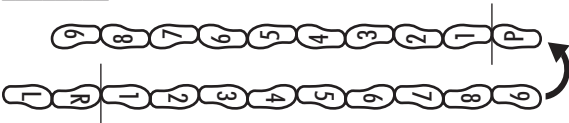
* Check for equal tracking, pupil size and resting nystagmus

- _____ Lack of smooth pursuit: Left eye
- _____ Lack of smooth pursuit: Right eye
- _____ Distinct and sustained nystagmus at maximum deviation:
Left eye
- _____ Distinct and sustained nystagmus at maximum deviation:
Right eye
- _____ Onset of nystagmus prior to 45degrees: Left eye
- _____ Onset of nystagmus prior to 45 degrees: Right eye
- _____ Check for vertical gaze nystagmus

_____ **TOTAL CLUES OBSERVED (6 MAX)**

WALK AND TURN TEST

- _____ Can't keep balance during instructions
- _____ Starts too soon
- _____ Stops walking
- _____ Misses heel-to-toe
- _____ Steps off line
- _____ Uses arms for balance
- _____ Improper turn
- _____ Incorrect number of steps



_____ **TOTAL CLUES OBSERVED (8 MAX)**

ONE-LEG STAND TEST

- _____ Sways while balancing
 - _____ Uses arms to balance
 - _____ Hopping
 - _____ Puts foot down
- _____ Foot Raised

_____ **TOTAL CLUES OBSERVED (4 MAX)**

DATE: _____

TIME: _____